



Stoma
Skin
Soul

Dansac Skin Essentials

Lauren, Stoma Advocate

Dansac Skin Essentials

Sometimes the skin needs a little extra help or protection. Dansac offers a variety of accessory products designed to help maintain healthy skin and a good quality of life.

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“Having a stoma is a big change in a person’s life.”

Jen, Stoma Advocate

Educational Resources

Having a stoma is a big change in a person's life. How you deal with it depends on your situation, and the information and support you need may differ from what others need.

Dansac is pleased to provide a range of educational resources that can help make life with a stoma better — before and after your surgery, and as you get back into your regular routine.

Visit www.dansac.com.au/livingwithastoma to discover more.



Facts About Your Stoma

Get information on the different kinds of stomas, and on why someone may need stoma surgery.



Recovery After Stoma Surgery

Learn what to expect after stoma surgery, and how to ease back into your day-to-day life.



Life With Your Stoma

Get tips that can help you take control of your new life and live well with a stoma.



Healthy Skin & Your Stoma

Learn how keeping the skin around your stoma healthy can help enhance the quality of your life.

Ordering Sample Accessories

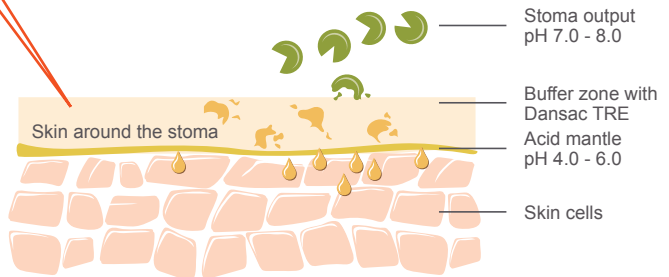
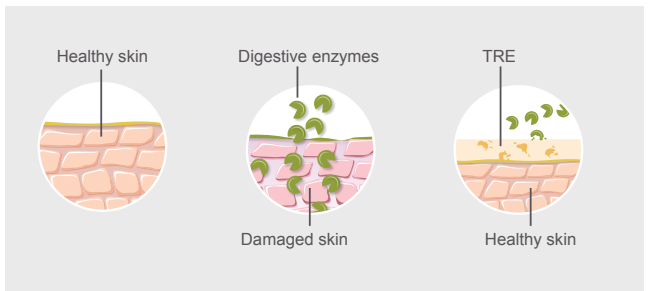
To order your free accessories samples or for further support, contact Customer Care on **1800 880 851**.

Your Stomal Therapy Nurse is able to help guide you if you are unsure on which accessories are right for you.

What is Dansac TRE™?



- **pH** is a measure of how acidic or alkaline something is **pH 7** is **neutral**.
- **Healthy skin** has a pH between 4 and 6 which means it is slightly acidic. This is known as the **acid mantle**.
- Maintaining the acid mantle of the skin is essential to help protect its antimicrobial properties and **maintain skin integrity**.
- The acid mantle of the skin **may become weakened** if stoma output (which includes digestive enzymes), or perspiration stay in contact with the skin.
- Dansac's **TRE technology** is designed to protect and **maintain** the skin's acid mantle, so that it can go on working to protect you.



Dansac TRE Seal

Three levels of skin protection

- Designed with super absorbers, and formulated to help maintain the pH balance of naturally healthy skin
- Designed to absorb stoma output and perspiration
- Provides a secure and flexible seal, while still being easy to remove
- Can be moulded and re-adjusted again and again to create a secure individual fit



Starter Hole	Code	Units	Max Issue
18mm	072-48	10 / box	30 / month
30mm	071-30	30 / box	30 / month
40mm	071-40	30 / box	30 / month



How to apply Dansac TRE Seal



Dansac GX-tra Seal

Extra protection against leakage

- Can be stretched to fit around the stoma or cut into smaller pieces to fill skin folds or scars to create an even surface
- GX hydrocolloid with cotton fibres may help increase wear time



Starter Hole	Code	Units	Max Issue
20mm	725-20	30 / box	30 / month
30mm	725-30	30 / box	30 / month
40mm	725-40	30 / box	30 / month
50mm	725-50	30 / box	30 / month



Dansac Seal

Extra protection against leakage

- Designed to be shaped and reshaped to fill skin folds or scars without breaking or losing its adhesive strength
- Unique design (like the TRE seal) - turn the seal in the direction where extra protection is needed



Starter Hole	Code	Units	Max Issue
20mm	070-20	30 / box	30 / month
30mm	070-30	30 / box	30 / month
40mm	070-40	30 / box	30 / month
50mm	070-50	30 / box	30 / month



Dansac X-tra Strips

Delivering added confidence and reassurance

- Hydrocolloid formulated barrier extender for designed to provide extra protection around the edge of the skin barrier
- Helps provide enhanced sense of comfort and security and may increase wear time
- Conforms to uneven body shapes and skin contours to help provide a more secure seal



Volume	Code	Max Issue
Box of 30	075-30	60 / month

Dansac EasiSpray™ Adhesive Remover

Easy and comfortable removal of appliance

- Alcohol-free solution to help minimise stinging on sensitive skin
- Bag-in-can technology to reduce waste – sprays until empty
- Easy spray application from any angle



Volume	Code	Max Issue
50mL	083-01	2 / month

Dansac Skin Lotion

Efficient cleansing of peristomal skin

- Gentle solution for cleaning the skin around the stoma without water
- Available in a 200mL bottle, individually packaged wet tissues, or in a convenient travel pack of 10 wipes



Size / Volume	Code	Max Issue
Single wipes (50)	71000 - 0000	2 boxes / month
Travel pack (10)	71000 - 0010	6 packs / month
200mL bottle	70000 - 0000	1 / month



Dansac Skin Creme

Extra moisture for your skin

- Use under ostomy appliances to help soothe and moisturise the skin around the stoma
- Designed to quickly absorb without affecting the adhesion of the skin barrier
- Non-greasy formulation containing Aloe Vera and vitamins A, D and E



Volume	Code	Max Issue
100mL	085 - 00	2 / month

Dansac Soft Paste

For levelling skin folds and scars

- Helps protect the skin by reducing stoma leakage under the barrier
- Ideal for levelling skin folds, scars and wrinkles to make the appliance fit securely around the stoma
- May be used in conjunction with any Dansac seals if more barrier material is needed



Volume	Code	Max Issue
50g	77550-0	3 / month



“Having a stoma
has not affected
my quality of life”
Pasi, Cancer Fighter

Keeping Your Stoma and Skin Healthy

Taking care of your stoma and surrounding skin is important

We know that most people don't know when there is a problem. This TAKE A LOOK card will help you to check your stoma and your skin: it tells you what is normal and what is not normal.

Take a look at what's NORMAL



Your skin should be:

- Dry
- No rash
- No redness
- No flakiness



Take a look at what's NOT NORMAL



Does your skin have one or more of these?

- Rash
- Redness
- Wet or flaky
- Itchy
- Burning
- Painful



If you have any worries about your stoma or the skin around your stoma, call your Stomal Therapy Nurse to TAKE A LOOK.

✓ Do

- Always clean your skin with warm water
- Change your pouch system routinely
- Resize your template regularly
- Keep your routine simple
- Inspect your skin every time you change your bag
- Remove your pouch system carefully
- Tell your Stomal Therapy Nurse if you are taking other medication
- Keep in touch with your Stomal Therapy Nurse

✗ Don't

- Use soap or other solutions to wash your skin
- Wait for your pouch to leak
- Add in unnecessary accessories to your stoma care routine
- Pull your bag off too quickly
- Ignore any changes in your skin around your stoma, however small
- Try and manage your stoma care problems alone – contact your Stomal Therapy Nurse

Your TAKE A LOOK tip





For over 50 years, Dansac have been dedicated to making living with a stoma better - by developing products that are secure and help maintain healthy skin, by supporting the vital role of the Stomal Therapy Nurse - and by helping individuals have an improved quality of life and ability to be who they want to be.

Feeling comfortable
in your own skin

Dansac Australia

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Dedicated to Stoma Care